



I'm a **STUDENT**, what do I do?

**Step 1:** Get a **FREE** membership to the Cyber-Seniors Mentor Training program (6 online training videos and quizzes) at [cyberseniors.org/student-membership](https://cyberseniors.org/student-membership)

**Step 2:** Sign-up to help seniors to learn tech.

**Step 3:** Encourage your friends to sign up, contact Retirement Homes and senior citizens to let them know how to access this **FREE** service (instructions below).

### **SENIOR CENTERS, RETIREMENT HOME OPERATORS, CAREGIVERS AND FAMILIES OF SENIOR CITIZENS**

Seniors can:

1. call us at 1-844-217-3057, where trained volunteers are standing by to answers their tech questions or help them signup for online training sessions
2. register online themselves for a group session or one-on-one tech-support by visiting the **home page** of our website at [www.cyberseniors.org](https://www.cyberseniors.org) or
3. access the over 1200 training tutorials (*soon available in Spanish and French*) and the Cyber-Seniors discussion forum by calling us at 1-844-217-3057 to register.

Together we will bridge the digital divide and help seniors be more connected.

[www.cyberseniors.org](https://www.cyberseniors.org)