**Halton Region Shelters/Food Banks**

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| [**Halton Emergency Housing**](http://www.sally-ann.org/) |  |  | 905-825-6000 (or dial 311)press “0” to speak to an operatorand tell the operator thatyou need emergency shelter | email |
| [**Halton Women's Place North**](http://haltonwomensplace.com/) |  |  | Shelter: 905-878-8970Crisis Line: 905-878-8555 |  |
| [**Halton Lighthouse**](http://www.salvationarmyoakville.ca/shelter3.htm#FAQ1) | 750 Redwood Square | **Oakville** | 905-825-6000after hours & weekends905-339-2918 |  |
| **FOOD BANKS** |
| [**Food for Life**](http://www.foodforlife.ca/) |  | **Oakville** | 905-510-5724 | email |
| [**Daily Bread Food Bank**](http://www.dailybread.ca/) |  |  | To find a local food bankcall 416-203-0050 |  |
| [**Burlington Food Bank**](http://www.burlingtonfoodbank.ca/) | 1254 Plains Road East, Unit 1A | **Burlington** | 905-637-2273 | email |
| **Burlington Community Food Pantry** |  | **Oakville** | 905-510-5724 | email |
| **The Salvation Army** | 5040 Mainway | **Burlington** | 905-637-3893 | email |
| **Georgetown Bread Basket** | 55 Sinclair Ave., Unit 12 | **Georgetown** | 905-873-3368 | email |
| [**Acton Food Share**](http://www.actonfoodshare.com/) | 350 Queen St., Unit 6 | **Acton** | 519-853-0457 | email |
| **Food For Life** | 2258 Mountainside Drive, Unit 1 | **Burlington** | 905-635-1106 | email |
| **The Salvation ArmyOakville Community Church** | 1225 Rebecca Street | **Oakville** | 905-827-6523 | email |
| [**Fareshare Food Bank**](http://www.actonfoodshare.com/) | 1240 Speers Road, Unit 6 | **Oakville** | 905-847-3988 |  |
| **Kerr Street Ministries** | 484 Kerr Street | **Oakville** | 905-845-7485 | email |
| **Oak Park Moms and Tots** | 2530 Sixth Line, Unit 9 | **Oakville** | 905-257-6029 | email |
| **Safetynet Children & Youth Charities** | 226 Randall St., Ste 101 | **Oakville** | 905-845-7233 | email |
| **Salvation Army Khi Community** | 100 Nipissing, Unit #3 | **Milton** | 905-875-1022 | email |
| [**Nourishing Neighbours**](http://www.stlukepalermo.ca/) | St. Luke's Community Centre, 3114 Dundas Street Westevery Thursday from 5-6pm | **Oakville** | 905-825-3364 | email |
| [**Compassion Society of Halton**](https://www.compassionsocietyofhalton.com/) | 484 Plains Rd E. (Behind Bingo Connection)every Thursday from 5-6pm | **Burlington** | 905-592-3722 | email |