

## **Seniors Oral Health Promotion**

Shalon Jeffers, Health Promoter June 10, 2025





### Agenda

- ❖Seniors: a Growing Age Group
- Oral Health and Overall Health

The Ontario Seniors Dental Care Plan

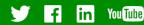
Seniors Oral Health Promotion



### Seniors: A Growing Age Group

- Good news: Canadians are living longer!
- Seniors aged 65+ make up almost 20% of Canada's population (projected to be 30% in the next 25 years).
- In Halton Region, in 2021, seniors made up 16% of Halton's total population.





### Oral Health and Overall Health

Oral health is closely linked to overall health.

Oral hygiene becomes especially important with age.

Many factors can challenge oral health

Historically, limited access to dental care coverage



# Ontario Seniors Dental Care Program (OSDCP) - Eligibility

Individuals are eligible if they are:

- are 65 years of age or older
- are a resident of Ontario
- meet the income requirements:
  - o an annual net income of \$25,000 or less for a single senior
  - o a combined annual net income of \$41500 or less for a couple
- have no other form of dental benefits, including private insurance or dental coverage under another government program such as Ontario Works, Ontario Disability Support Program or Non-Insured Health Benefits.





# Ontario Seniors Dental Care Plan (OSDCP) – How to Apply



#### Online

- 1. Visit ontario.ca/SeniorsDental and select the 'apply online' button.
- 2. Complete the online application form.
- 3. Print and sign the Consent form.
- 4. Mail the Consent form to:

Ministry of Health Ontario Seniors Dental Care Program

Station P, P.O. Box 159

Toronto, ON M5S 2S7

#### Mail

- Get an application form from <u>ontario.ca/SeniorsDental</u>, call
  to receive it by mail or pick it up at <u>1151 Bronte Road</u>,
  Oakville •.
- 2. Complete and sign the application.
- Mail the application to: Ministry of Health Ontario Seniors Dental Care Program Station P, P.O. Box 159 Toronto, ON M5S 2S7

Halton residents can only access the program's services through Halton Region Public Health. To begin receiving care through this program in Halton, please call 311.







## Ontario Seniors Dental Care Program (OSDCP) – What's covered

#### Coverage includes:

- dental exams, including cleaning, and fluoride
- repairing broken teeth and cavities
- x-rays
- oral surgery & sedation
- treating infection and pain (endodontic services)
- treating gum conditions and diseases (periodontal services)
- dental prosthetics (prosthodontic services), including dentures, covered partially





## Canadian Dental Care Plan (CDCP) - Eligibility

Individuals are eligible if they:

- have no access to dental insurance
- have an adjusted net family income is under \$90,000
- are a Canadian resident (for tax purposes)
- have filed taxes for the previous year

Apply by online: Canadian Dental Care Plan - Apply - Canada.ca or by

phone: 1-833-537-4342





### Seniors Oral Health Promotion

Outreach - Oral health and Ontario Seniors Dental Care Program (OSDCP) promotion:

- Tax clinics
- Meals on Wheels
- Seniors' month community centre exhibits
- HATCH partnership
- More community outreach to come!





## Questions? Thank you!

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